

The 14 Different Allergens

1 : Cereals containing gluten	2 : Crustaceans and crustacean-based products	3 : Eggs and egg-based products
4:Fish and fish-based products	5: Peanuts and peanut-based products	6 : Soybeans and soybean-based products
07 : Milk and dairy-based products	8 : Tree nuts: almonds, hazelnuts, walnut	9 : Celery and celery-based products
10 : Mustard and mustard-based products	11 : Sesame seeds and sesame	12 : Sulphites in concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO ₂
13 : Lupin and lupin-based products	14 : Molluscs and mollusc-based products	